



Rotary Club of Martinsburg Grapevine

Nov 16, 2023

District 7360 | Club 5296



Karen Newell, Executive Director of the Good Samaritan Free Healthcare Clinic, presented to our club on Thursday. The clinic is located at 601 S. Raleigh St. in Martinsburg. Some of the 2023 statistics she shared was:

- Served over 525 patients in our Raleigh Street location and local Rescue Mission
- Provided more than 110 free medication prescriptions (Jan–Oct 2023)
- Provided glucose monitoring equipment and supplies.
- Provided blood pressure monitoring equipment and supplies.
- 46 volunteers served 1,146 hours total since January 2023. This is an average of 24 hours for each volunteer.

The clinic provides quality health care and spiritual care to uninsured, underinsured and most vulnerable populations, women's health and referrals for mammograms/follow-ups, free medications through the clinic and through local pharmacy agreements, blood pressure/blood sugar monitoring equipment, and coordination of care for our clients.

We also assist with referral/scheduling and financial support of emergent dental referrals as appropriate (no dentures or routine dental care), support critical /urgent referrals to specialty care, and support area children and families.

This year the clinic was a recipient of one of our grants. The grant provided the resources necessary to expand the facility by adding a medical examination room to their facility. They are always looking for volunteers and donations. karenlnewell@goodsamaritanfreeclinic.org



GOOD SAMARITAN
FREE HEALTHCARE



Rotary Club of Martinsburg Calendar & President Notes

- Dec 2 – Salvation Army Bell Ringing @ Martinsburg Wal-Mart
- Dec 7 – Salvation Army Christmas Angel presents due – unwrapped
- Dec 12 – Holiday Party @ Historic McFarland House, 5:30–7PM

Upcoming Programs:

- Nov 23 – Thanksgiving – NO MEETING
- Nov 30 – Hospice of the Panhandle
- Dec 7 – WVU Medicine Orthopedic Medicine
- Dec 14 – 167AW Starbase – STEM Program
- Dec 21 – Journal – Year in Review
- Dec 28 – District Programs – RYLA, Youth Exchange
- Jan 4 – Elder Abuse Prevention
- Jan 11 – Martinsburg – Year in Review
- Jan 18 – Martinsburg Public Library



CREATE HOPE
in the **WORLD**

Rotary Membership Anniversaries		
Newcome, Virginia	11/14/2022	1
Beauchamp, Laura	11/24/2021	2
Shull, Carol	11/12/2020	3
Ouellet, Jim	11/29/2018	5
Carpenter, Jim	11/12/2015	8
Russell, Dean	11/1/1988	35

November Birthdays	
Seibert, James	3-Nov
Ramaji, Pradeep	4-Nov
Vogan, Georgia Ann	13-Nov
Hornby, Mike	28-Nov



Top right: President Michelle Sadat presents Past President, Pete Mulford, with awards in recognition of his accomplishments during his year as President. Middle: Allen Kees is presented his Paul Harris Award. Right: Ethel O'Brien receives her new member badge. It's official!!! Welcome to the Club!

UPCOMING EVENTS



OUR FACEBOOK
GROUP

NOV 9

SMSRC MEETS AT CNB BANK (5:30)
BRING SOUP/WV ITEMS

DEC 6,7,9

**WESTVIEW BAPTIST GIFT BOXES -
VOLUNTEER OPPORTUNITY**

DEC 12

HOLIDAY PARTY - MRC
MC FARLAND HOUSE (5:30-7)

DEC 14

SMSRC MEETS AT CNB BANK(5:30)

JAN 11

SMSRC MEETS (LOCATION TBD)

JAN 25

SMSRC MEETS (LOCATION TBD)

FEB 8

SMSRC MEETS (LOCATION TBD)

NOV/DEC DONATION OPPORTUNITIES:

- SOUP FOR WESTVIEW BAPTIST
- WV ITEMS FOR SM JR.CARDINALS

DIVERSITY HOLIDAYS

November 2023

National Native American Heritage Month, which celebrates the history and contributions of Native Americans.

National Family Caregivers Month, proclaimed in 2012 by former President Barack Obama. It honors the more than forty million caregivers across the country who support aging parents, ill spouses, or other loved ones with disabilities who remain at home.



Student Guests:

- Nick Albright
- Thomas Lyons

Diversity is the one true thing we all have in common. Celebrate it every day.
~ Winston Churchill

1 All Saints' Day, a Christian holiday commemorating all known and unknown Christian saints. In Eastern Orthodox Christianity, the day is observed on the first Sunday after Pentecost.

2 All Souls' Day, a Christian holiday commemorating all faithful Christians who are now dead. In the Mexican tradition, the holiday is celebrated as Día de los Muertos (October 31–November 2), which is a time of remembrance for dead ancestors and a celebration of the continuity of life.

11 Veterans Day, a US federal holiday honoring military veterans. The date is also celebrated as Armistice Day or Remembrance Day in other parts of the world and commemorates the ending of World War I in 1918.

12 Diwali, the Hindu, Jain, and Sikh five-day festival of lights that celebrates new beginnings and the triumph of good over evil and light over darkness.

13-19 Transgender Awareness Week, the week before Transgender Day of Remembrance on November 20, in which people and organizations participate to help raise the visibility of transgender people and address issues members of the community face.

19 International Men's Day, emphasizes the important issues affecting males, including male health issue, improving the relations between genders, highlighting the importance of male role models, and promoting gender equality. This holiday is celebrated in more than seventy countries.

20 Transgender Day of Remembrance, established in 1998 to memorialize those who have been killed as a result of transphobia and raise awareness of the continued violence endured by the transgender community.

23 Thanksgiving Day in the United States. It began as a day of giving thanks for the blessing of the harvest and of the preceding year.

24 Native American Heritage Day, held annually on the Friday after Thanksgiving, encourages Americans of all backgrounds to observe and honor Native Americans through appropriate ceremonies and activities. The law establishing the day was signed by President George W. Bush in 2008.

26 Feast of Christ the King, a Catholic holiday established to thank God for the gift of time and a rededication to the Christian faith.

28–January 6 Nativity Fast, a period of abstinence and penance practiced by the Eastern Orthodox, Oriental Orthodox, and Eastern Catholic Churches in preparation for the Nativity of Jesus.

30 St. Andrew's Day, the feast day for St. Andrew within various Christian denominations.





CREATE HOPE
in the WORLD



Join

Rotary Club of Martinsburg



Tuesday, December 12, 2023

Holiday Party



Hors D'oeuvres - Drinks - Games

5:30PM - 7PM

Member
+ 1 Guest

The Historic McFarland House
409 S. Queen St. Martinsburg

Come & Enjoy



Charity Sock Drive

Bring new socks for a local non-profit
and earn extra chances at the door prizes!





Helping Our Local Community.

GRANTS PROCESS

- Applicant must be a non-profit charitable organization, government agency, Rotary Foundation, or other Rotary Club.
- Must demonstrate need for a specific project, pilot program, or program (not to include operating and/or administrative expenses such as salaries and operating expenses or ongoing operations—i.e., we will not provide a grant to a Food Pantry to buy food).
- Must be able to demonstrate impact of the grant.
- Funding must provide services to Berkeley County residents (exceptions can be made for other Rotary Clubs)
- Funding must be for future projects or programs. (Grants may not be used to reimburse organizations for activities or expenses already completed or in progress.)



WHO? AND WHAT?

Grants for a maximum of \$20,000.00 per organization will support projects that demonstrate need for small capital items or "seed money" for pilot programs and special services that provide direct and tangible benefits within Martinsburg/ Berkeley County or larger projects or pilot programs that demonstrate long-term sustainability and impact.



SEVEN AREAS OF FOCUS

All grant applications must relate to the seven areas of focus for Rotary International: Promoting peace; Fighting disease; Providing clean water; Sanitation, and hygiene; Saving mothers and children and supporting education; Growing local economies; Protecting the environment.



CREATE HOPE
in the WORLD



Non-profits in the community are encouraged to apply for the grants Dec. 1, 2023 through Jan. 31, 2024.



EXPLORE

The World

rotary youth exchange

Students

Youth Exchange is an opportunity for you to experience something new - a new way of living. There are long-term, lasting a full academic year, and short-term, from several days to three months when school is not in session.

Parents

Give your student (15-19 years old) an opportunity of a lifetime. They will become a global citizen. They will learn a new language, discover another culture and develop lifelong leadership skills and friendships.

Host Families

Enrich the lives of your family by hosting an exchange student from another Country. This is a great opportunity to gain new perspectives and make lifelong friends.

INTERESTED?

Doug Frye

 fryed1@msn.com

 www.Rotary.org



Application Due by Mid November - apply at www.exchangestudent.org