



Rotary Club of Martinsburg

Grapevine

July 27, 2023

District 7360 | Club 5296

Youth Exchange Program

Presented by: Kathy Krinks



Two Types of Exchange Opportunities

Long Term

Short Term

- | | |
|---|---|
| <ul style="list-style-type: none"> • 10 Months Long • Academic Year • 1-3 Host Families • Travel Arrangements made by Tzell Travel Agency • Includes an Application and Registration Fee | <ul style="list-style-type: none"> • 3-6 Weeks • School Breaks (Summer) • Direct Exchange w/Families • Travel Arranged by Family • \$125 Registration Fee, Family is Responsible for remaining costs |
|---|---|

Criteria for all Exchange Students

- Sponsorship by a local Rotary Club
- Able to represent USA as an Ambassador
- Abide by the deadlines and instructions pertaining to the exchange
- The ability to communicate
- 15 to 18.5 at time of departure
- Agree to the Four D's

A Typical Rotary Youth Exchange Student

- Solid Academic Background
- Foreign Language Background
- Active in Extra Curricular Activities
- Good Character
- Adaptable and Flexible

The Short Term Program

- A cultural Experience
- Direct Exchange with Another Student
- Hosted by the Families of the Students
- Do not Attend School
- Passport: Must be valid through February 2024

Financial Considerations for Short Term

- Registration Fee of \$125.00
- Round-trip Flights
- Passport, Visa and related Expenses
- International Insurance from CISI Bolduc (one month)

The Year Abroad (The Long -Term Exchange)

- High School Experience
- Hosted by Families
- Sponsored by a Hosting Club
- Rotary Counselor
- Passport: MUST be valid through February 2025

Financial Considerations

- Round Trip Airfare
- Passport, Visa, and Related Expenses
- Initial Registration Fee (\$50.00)
- Application Fee (\$2150) which covers the following:
 - Medical Insurance
 - Orientation Expenses
 - Essex Fees
 - Travel Agency Fee
 - Pins

Important Dates

- **November 2023** Deadline to Submit Part 1 of Application
- **Early December 2023** District Interviews
- **Late December 2023** Deadline to Submit Part 2 of Application
- **February 2024** Winter Picnic
- **March 2024** OB Orientation
- **June July or August 2024** Leave on Short Term
- **August 2024** Leave for Long Term
- **July 2024** "Rebound" Picnic

Rotary Club of Martinsburg Calendar & President notes:

- Aug 5 – Volunteer opportunity at Berkeley Co Fair, contact Berniece
- Sept 11 – RLI Part 1
- Sept 30 – Hope Gala @ Hilton Garden Inn
- Oct 2 – RLI Part 2
- Oct 20–22 – Foundation Dinner & District Conference, Wyndham, PA
- Oct 24 – RLI Part 3
- Nov 12 – RLI Graduate Course

Wedding Anniversaries		Years
Printz, Charles & Donna	6-Aug	46
McCune, Richard & Judy	16-Aug	20
Bartoldson, Elaine & Craig	17-Aug	38
Sowell, Robert & Robert	27-Aug	35

Member Anniversaries	Total
Kradel, Matthew	1
Goodwin, Keri	2
Mason, Charles	2
Branner, Dustin	5
Hite, Pamla	8
Phelps, Denise	12
Frye, Doug	14
Zanotti, Robin	17
Overington, John	38

Member Birthdays	Birthday
Mason, Charles	1-Aug
Zanotti, Robin	5-Aug
Hamilton, Sandy	8-Aug
Arndt, Jeffrey	9-Aug
Androwas, Isabella	10-Aug
McCune, Wm. Richard Jr.	10-Aug
Bartoldson, Elaine	11-Aug
Sowell, Robert L. Sr.	12-Aug
Stedman, Jason	18-Aug
Knowles, Kevin	25-Aug
Hine, Tiffany	26-Aug
Sadat, Michelle	29-Aug
Simms, Megan	29-Aug
Bowen, Bill	30-Aug
Regalia, Tracy	31-Aug

Future Programs:

- Aug 03 – Garden of Promise, Victoria McElhaney
- Aug 10 – Offsite* @ Purple Iris

Spring Mills Satallite Club

The Spring Mills Satellite Rotary Club met at Classy Bitches Doggie Spaw (44 Vantage View Dr. Suite D, Falling Waters) on July 27, 2023 with 12 Satellite Rotary members, 3 Martinsburg Rotary members and 1 Shepherdstown Rotary member in attendance. An introductory program of Rotary protocol was given by Pam Wagoner, Pete Mulford and Dana Orsini. In addition, a Rotary Banner and Martinsburg Rotary Flag were presented to, and accepted by the Satallite Club. The next meeting of the SMSRC will be at 5:30pm on August 10 at Valley Health, Spring Mills in the Conference Room (120 Campus Drive Martinsburg, WV)



It's only August, and our year of Creating Hope in the World is well underway. As I have started to travel to the district's clubs, I am very energized by the motivation I am seeing. The Rotarians in this district never cease to amaze me. I look forward to meeting all of you when I come for my visit.

August is the month we designate as "Membership and New Club Development". I am sharing very exciting news, that the district has a new satellite club sponsored by Martinsburg Rotary Club. This effort could not have been achieved without the club's support and PDG Dana Orsini (District Membership Chair) and our District Governor Elect Pam Wagoner. After months and months of work with lots of paperwork on July 19 th the Spring Mills Satellite Club of Martinsburg Rotary was chartered.

Does your club have the potential to start a satellite Club? Could your community use more Rotarians that may meet on a different day and/or time? We have individuals in district leadership that can help answer these questions.

We all know that Rotary has a membership challenge and that we will continue to have one unless we understand WHY. So, how do we keep from losing members for reasons other than moving away or of course passing away? We must look after our members that have been absent or that have not been to events that they normally attend. We must actively engage them.... NOT just send them an email! Reach out to them, call them or stop by. Invite them out for a coffee or even an Ice Cream cone. The moment we start to show that Rotary is more than just being a member of a club; and that we are a collection of friends and family, is when we stop losing members. It's that simple. Don't stop looking for new potential members, they could already be someone you know. Invite them to a meeting or even better yet, ask them if they have an hour or two to spare to help your club with a project. Show them what we do, the FUN we have and the reward we feel in our hearts when we help our community. Schools are getting ready to start up which means students will need supplies and or resources for the school year. These are great ideas for your clubs, if you are still looking for projects. I know in western Maryland; a lot of students do not have enough when it comes to after-school food and resources. Is this an area that your club can help? Can your club work with another non-profit organization to get them the necessary help? We are all here to help make the world a better place. We are all here to "Create Hope in the World."

DG Herb Smith

Rotary Health Screening Event!

Know your numbers.

It's Easy & Convenient!

NO Waiting in Line!

NO Doctor's Appointment!

Expanded testing allows you to
customize your screening options.

SIGN UP TODAY!

WVUMedicine.org



37th COMMUNITY WELLNESS Screening

Saturday, August 26, 2023

6:00 am – 10:00 am

NEW LOCATION:

**WVU Medicine
Physical Therapy and Rehabilitation
1002 Tavern Road, Martinsburg**

Discounted Screenings Offered...

- CBC (with automated differential) - \$10
- CMP (Comprehensive Metabolic Panel) - \$20
- Lipid (Cholesterol) Panel - \$15
- PSA (Prostate Specific Antigen; Men only) - \$15
- Vitamin D - \$15
- Hemoglobin A1C (Hb A1c, Diabetes) - \$15
- TSH (Thyroid Stimulating Hormone) - \$20
- Hepatitis C (Antibody Screen) - \$15
- Vitamin B12 - \$10
- Fit Kit (Colorectal Screening kit) - \$25

Additional FREE Screenings...

- Blood Pressure Check
- Fall Risk Assessment

**Pre-Registration Required
Deadline to Register is August 18th**



For more information, call 304.264.1223

Sponsored by Rotary of Martinsburg with services provided by WVU Medicine.

August 2023

HUNGRY GHOST FESTIVAL



WOMEN'S EQUALITY DAY



SERAMOUNT EVENTS:

3 CDOC Web Seminar ◆

◆ = CDOC Members

1 Lammas, a festival to mark the annual wheat harvest within some English-speaking countries in the Northern Hemisphere.

1 Lughnasadh, a Gaelic, Pagan, and Wiccan festival celebrating sacrifice and giving back. The holiday marks the beginning of harvest season and is the first of three harvest rituals.

1 Fast in Honor of Holy Mother of Jesus, beginning of the fourteen-day period of preparation for Orthodox Christians leading up to the Dormition of the Virgin Mary.

6 Transfiguration of the Lord (Feast of the Transfiguration), celebrated by various Christian denominations, the feast day is dedicated to the transfiguration of Jesus.

13-15 Obon (Ullambana), a Buddhist festival and Japanese custom that honors the spirits of ancestors.

15 Assumption of Blessed Virgin Mary, according to the beliefs of the Catholic Church, as well as parts of Anglicanism, the day commemorates the bodily taking up of the Virgin Mary into heaven at the end of her earthly life.

15 Dormition of the Theotokos, a Great Feast of the Eastern Orthodox, Oriental Orthodox, and Eastern Catholic Churches that commemorates the "falling asleep," or death, of Mary the Theotokos ("Mother of God") and her bodily resurrection before ascending into heaven.

17 Marcus Garvey Day, which celebrates the birthday of the Jamaican politician and activist who is revered by Rastafarians. Garvey is credited with starting the Back to Africa movement, which encouraged those of African descent to return to the land of their ancestors during and after slavery in North America.

23 International Day for the Remembrance of the Slave Trade and its Abolition as well as the anniversary of the uprising in Santo Domingo (today Haiti and the Dominican Republic) that initiated the abolition of slavery in the Caribbean.

26 Women's Equality Day, which commemorates the 1920 certification of the Nineteenth Amendment to the US Constitution that gave women the right to vote. Congresswoman Bella Abzug first introduced a proclamation for Women's Equality Day in 1971. Since that time, every US president has published a proclamation recognizing August 26 as Women's Equality Day.

29 Beheading of St. John the Baptist, a holy day observed by various Christian churches that follow liturgical traditions. The day commemorates the martyrdom of St. John the Baptist, who was beheaded on the orders of Herod Antipas through the vengeful request of his stepdaughter, Salome, and her mother.

30 Raksha Bandhan, a Hindu holiday commemorating the loving kinship between a brother and sister. "Raksha" means "protection" in Hindi and symbolizes the longing a sister has to be protected by her brother. During the celebration, a sister ties a string around her brother's (or brother-figure's) wrist and asks him to protect her. The brother usually gives the sister a gift and agrees to protect her for life.

30 Hungry Ghost Festival, a Chinese holiday in which street, market, and temple ceremonies take place to honor dead ancestors and appease other spirits.

August
NATIONAL

WELLNESS



MONTH

GALA

you are invited
to the

FIRST ANNUAL HOPE GALA

*Drinks, Dining, &
Dueling Pianos*



September 30, 2023

Hilton Garden Inn, Martinsburg at 6PM

Join the Rotary Club of Martinsburg for our First Annual Hope Gala. All proceeds to benefit local projects sponsored by our club. The event will have a silent auction and live auction.

cocktail attire - black tie optional



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www.martinsburgrotary.com



CREATE HOPE
in the WORLD



FIRST ANNUAL HOPE GALA SPONSORSHIPS



CREATE HOPE
in the WORLD

Grand Piano: \$5000

- **EXCLUSIVE**

Only 1 sponsor at this level

- First right of refusal for next year (same sponsorship level)
- Reserved premium seating for 10 guests (1 table)
- Logo on event webpage
- Event social media mentions
- Recognition in press release
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Prominent logo on event print materials
- Prominent logo placement at event
- Emcee mentions at event

Baby Grand Piano: \$2500

- Reserved premium seating for 6 guests
- Logo on event webpage
- Event social media mentions
- Recognition in press release
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Logo on event print materials
- Logo placement at event
- Emcee mentions at event

Upright Piano: \$1000

- Premium seating for 4 guests
- Event social media mentions
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Logo placement at event
- Emcee mentions at event

Ebony & Ivory: \$500

- Premium seating for 2 guests
- Event social media mentions
- Mentions in the Grapevine (Rotary club newsletter)
- Logo placement at event

Keyboard: \$150

- Event social media mentions
- Name placement at event

Ticket to event: \$125



September 30, 2023
Hilton Garden Inn, Martinsburg at 6PM

* Group photo with event photographer and 1 print of photo (to be delivered after the event) included with Grand Piano, Baby Grand Piano, and Upright Piano Sponsorship levels.

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