



Rotary Club of Martinsburg

Grapevine

Aug 03, 2023

District 7360 | Club 5296

Garden of Promise



Presented by: Victoria McElhaney

Our presenter, Victoria McElhaney, is a longtime resident of Martinsburg and currently an AmeriCorps member helping out WVU Medicine with community projects that address health, nutrition, and food insecurity. She spoke to our group about the Garden of Promise in Martinsburg. She let us know it is changing locations, from Race Street to Anne Dudley Way, off Race Street. There are lots of ways to get involved and they are in need of volunteers. Visit GardenOfPromiseWV.org to learn more.

MARTINSBURG GARDEN OF PROMISE

Founded in 2017, the Garden of Promise is Martinsburg's very own community garden! Our goal is to create a neighborhood space where people of all ages can grow delicious food, connect with their community, and find joy in healthy habits.



How you can get involved...



- Sign up for volunteer work days through our website: GardenOfPromiseWV.org
- Share our progress on Facebook: [Martinsburg Garden of Promise](#)
- Put us in contact with a reliable source for fencing.
- Put us in contact with a reliable source for building the future high tunnel.
- Volunteer for general garden maintenance.

UPCOMING TASKS

- Lay down landscape fabric around raised beds.
- Lay down the other set of raised beds and line them with cardboard.
- Dismantle what is left of the previous garden and level what is left of the raised beds.
- Clear the assigned area for the future pollinator garden.
- Have water tank filled.
- Have a perimeter fence installed.

Rotary Club of Martinsburg Calendar & President notes:

- Sept 11 – RLI Part 1
- Sept 30 – Hope Gala @ Hilton Garden Inn
- Oct 2 – RLI Part 2
- Oct 20–22 – Foundation Dinner & District Conference, Wyndham, PA
- Oct 24 – RLI Part 3
- Nov 12 – RLI Graduate Course

Wedding Anniversaries		Years
Printz, Charles & Donna	6-Aug	46
McCune, Richard & Judy	16-Aug	20
Bartoldson, Elaine & Craig	17-Aug	38
Sowell, Robert & Melissa	27-Aug	35

Member Anniversaries	Total
Kradel, Matthew	1
Goodwin, Keri	2
Mason, Charles	2
Branner, Dustin	5
Hite, Pamla	8
Phelps, Denise	12
Frye, Doug	14
Zanotti, Robin	17
Overington, John	38

Member Birthdays	Birthday
Mason, Charles	1-Aug
Zanotti, Robin	5-Aug
Hamilton, Sandy	8-Aug
Arndt, Jeffrey	9-Aug
Androwas, Isabella	10-Aug
McCune, Wm. Richard Jr.	10-Aug
Bartoldson, Elaine	11-Aug
Sowell, Robert L. Sr.	12-Aug
Stedman, Jason	18-Aug
Knowles, Kevin	25-Aug
Hine, Tiffany	26-Aug
Sadat, Michelle	29-Aug
Simms, Megan	29-Aug
Bowen, Bill	30-Aug
Regalia, Tracy	31-Aug

Future Programs:

- Aug 10 – Offsite* @ Purple Iris with Jennifer Smith, Director of BCDA
- Aug 17 – High School Football Coaches

Spring Mills Satallite Club

Just a friendly reminder that the next meeting is Thursday 10th @ Valley Health main building in Spring Mills from 5:30–6:30.

August 24, Bob Williams CEO of Berkeley Co. Parks and Rec is going to be speaking to your club members about the new Spring Mills park



Thank you for going above & beyond.

From Berniece: Thank you!!! Hope you enjoyed the opportunity to serve our youth! Please share with those not on this email. We were so busy the first shift that we didn't take a group photo. 20 folks volunteered for a total of 52 hours of service. (Photo - volunteers from BCYF concession stand)



Top Left: Agnes Ratliff donates a hand-made quilt (made by volunteers from the Linus Project of the EP) for Alzheimer's Association fundraiser. Raffle tickets for sale 1 for \$5 or 5 for \$20, see Tracy Regalia for more info. Top middle: President Michelle Sadat presents Buzz Poland with 2 Paul Harris awards for his 2 daughters. Top right: Maya Regalia's rendition of Pete Mulford, Past President.

Rotary Health Screening Event!

Know your numbers.

It's Easy & Convenient!

NO Waiting in Line!

NO Doctor's Appointment!

Expanded testing allows you to
customize your screening options.

SIGN UP TODAY!

WVUMedicine.org



37th COMMUNITY WELLNESS Screening

Saturday, August 26, 2023

6:00 am – 10:00 am

NEW LOCATION:

**WVU Medicine
Physical Therapy and Rehabilitation
1002 Tavern Road, Martinsburg**

Discounted Screenings Offered...

- CBC (with automated differential) - \$10
- CMP (Comprehensive Metabolic Panel) - \$20
- Lipid (Cholesterol) Panel - \$15
- PSA (Prostate Specific Antigen; Men only) - \$15
- Vitamin D - \$15
- Hemoglobin A1C (Hb A1c, Diabetes) - \$15
- TSH (Thyroid Stimulating Hormone) - \$20
- Hepatitis C (Antibody Screen) - \$15
- Vitamin B12 - \$10
- Fit Kit (Colorectal Screening kit) - \$25

Additional FREE Screenings...

- Blood Pressure Check
- Fall Risk Assessment

**Pre-Registration Required
Deadline to Register is August 18th**



For more information, call 304.264.1223

Sponsored by Rotary of Martinsburg with services provided by WVU Medicine.

GALA

you are invited
to the

FIRST ANNUAL HOPE GALA

*Drinks, Dining, &
Dueling Pianos*



September 30, 2023

Hilton Garden Inn, Martinsburg at 6PM

Join the Rotary Club of Martinsburg for our First Annual Hope Gala. All proceeds to benefit local projects sponsored by our club. The event will have a silent auction and live auction.

cocktail attire - black tie optional



Michelle Sadat
mc@advocate-ins.com
Tracy Regalia
tracy.regalia@edwardjones.com
www.martinsburgrotary.com



CREATE HOPE
in the WORLD



FIRST ANNUAL HOPE GALA SPONSORSHIPS



CREATE HOPE
in the WORLD

Grand Piano: \$5000

- **EXCLUSIVE**

Only 1 sponsor at this level

- First right of refusal for next year (same sponsorship level)
- Reserved premium seating for 10 guests (1 table)
- Logo on event webpage
- Event social media mentions
- Recognition in press release
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Prominent logo on event print materials
- Prominent logo placement at event
- Emcee mentions at event

Baby Grand Piano: \$2500

- Reserved premium seating for 6 guests
- Logo on event webpage
- Event social media mentions
- Recognition in press release
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Logo on event print materials
- Logo placement at event
- Emcee mentions at event

Upright Piano: \$1000

- Premium seating for 4 guests
- Event social media mentions
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Logo placement at event
- Emcee mentions at event

Ebony & Ivory: \$500

- Premium seating for 2 guests
- Event social media mentions
- Mentions in the Grapevine (Rotary club newsletter)
- Logo placement at event

Keyboard: \$150

- Event social media mentions
- Name placement at event

Ticket to event: \$125



September 30, 2023
Hilton Garden Inn, Martinsburg at 6PM

* Group photo with event photographer and 1 print of photo (to be delivered after the event) included with Grand Piano, Baby Grand Piano, and Upright Piano Sponsorship levels.

Michelle Sadat
mc@advocate-ins.com
Tracy Regalia
tracy.regalia@edwardjones.com

www.martinsburgrotary.com