



Rotary Club of Martinsburg Grapevine

May 23, 2024

District 7360 | Club 5296

Mental Health Awareness



Deneil Busey, LPCA with Be Well Better Counseling Services located in Martinsburg, WV spoke to our group about the importance of taking care of our mental health. May is Mental Health Awareness month, so our club focused on highlighting the importance of this topic by inviting subject matter experts to speak this month. District Governor, Herb Smith writes in his monthly newsletter “Rotary President Gordon created a sub theme this year and it is indeed mental health awareness, and suicide prevention. We need to make sure to always check in with individuals that could be suffering from depression. Sometimes we won’t even know if they are, but it doesn’t hurt to always ask the question, are you OK?”

Skilled Clinicians Can Help You To:

- ✓ Figure out the root cause of stress
- ✓ Understand why you respond to stress the way you do
- ✓ Make sense of your life
- ✓ Process bad memories
- ✓ Improve your relationships
- ✓ Work through grief



bewellbetter.com 304-433-7212

Colleen, Alicia, Rhonda, Deneil, Emily



Check presented to our club by Dana Dejarnett from WVU Medicine for our participation in the Community Wellness Screening. Thanks to everyone who volunteered!!



Norman Marriott, Steve Truax and Diane Smith volunteered to assist with book distribution at Opequon Elementary School.



The Rotary Club of Martinsburg was proud to present 4 high school seniors with the Service Scholarship Award. Each recipient was awarded a \$1000 scholarship. The recipients are members of their schools interact club, which is a Rotary sponsored service club for High School students. Our club sponsors 4 local high schools interact programs. Hedgesville, Faith Christian Academy, Musselman and Spring Mills. Each of these sponsored clubs qualified for a Service Scholarship Award.

Pictured from left to right:

Service Scholarship Award recipients- #1 Hedgesville High School -Evelyn Jennings, #2 Spring Mills -Ava Hill, #3 Faith Christian Academy- Sophia Moran & #4 Musselman - Sydney Ellwanger.

Presented by: Michelle Cuthrell Sadat, Club President with John Taylor and Diane Smith.

Pancakes for Polio Rotary

Club of Martinsburg



FREE BREAKFAST

Memorial Day - May 27, 2024
8:30am - 10:30am | Memorial Service Following





Member Anniversaries

June 1st:

- Jim Seibert, 48
- Ken Apple, 32
- Tom Belfield, 30
- Donald Patthoff, 30
- Sharon Novak, 17

Wedding Anniversaries

- May 28 – Bill & Jan Wertman
- May 29 – Tim & Jan Merceruio, 42
- May 29 – Jim & Diane Ouellet, 25
- May 31 – Michelle & Kaveh Sadat, 10
- June 6 – Jim & Lisa Rodgers, 43

Birthdays

- May 29 – Chris Johnson
- June 3 – Buzz Poland
- June 5 – John Overington

Please join The Rotary Club of Martinsburg at the Purple Iris for the
INSTALLATION OF DISTRICT GOVERNOR PAM WAGONER
Saturday June 29th 2024 **\$49 PER PERSON**
 RSVP by June 20th Doors Open @ 11:30am
 Registration 11:30am - 12:15pm
 Lunch @ 12:30pm

Lunch Buffet
 Appetizers, Salad & Vegetable
 Chicken Marsala
 Salmon Lemon Thyme Beurre Blanc
 Vegetable Lasagna

THE MAGIC OF ROTARY
 Suggested dress style is business.

Rotary Club of Martinsburg Calendar & Programs

- May 30 – Dr. Michael Ang, WVU Medicine Psychiatrist
- Jun 04 – Member Orientation, 5:30PM–7, The HUB Suites
- Jun 06 – 2023 Grant Recipients progress reports
- June 13 – YMCA presentation
- Jun 13–15 – RYLA, Sharpsburg, MD
- Jun 27 – Club Installation Dinner, no lunch meeting this day
- Jun 29– DG, Pam Wagoner’s Installation Luncheon
- Sep 28 – Hope Gala, Hilton Garden Inn at 6PM

2024 Installation Dinner

Please join us for our
Annual Installation Dinner

Rotary Club of Martinsburg

Thursday, June 27, 2024
 5:30PM Happy Hour
 6:00PM Dinner
 The Sycamore, Martinsburg

THE MAGIC OF ROTARY

RSVP TRACY.REGALIA@EDWARDJONES.COM

Rotary



ROTARY CLUB OF
MARTINSBURG

Member Orientation

Come network with
your fellow Rotarians,
engage in
committees, and
grow your member
connections.

*This event is open to all
new and legacy Rotarians*

**June 4th,
2024**

5:30pm- 7:00pm

The HUB Suites
142 N Queen Street
Martinsburg, WV

RSVP to Denise Hess
Cell 302-841-0582 or dhess@mybank.com



Grand Piano: \$5000

- **EXCLUSIVE**

Only 1 sponsor at this level

- First right of refusal for next year (same sponsorship level)
- Reserved premium seating for 10 guests (1 table)
- Logo on event webpage
- Event social media mentions
- Recognition in press release
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Prominent logo on event print materials
- Prominent logo placement at event
- Emcee mentions at event

Baby Grand Piano: \$2500

- Reserved premium seating for 6 guests
- Logo on event webpage
- Event social media mentions
- Recognition in press release
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Logo on event print materials
- Logo placement at event
- Emcee mentions at event

* Group photo with event photographer and 1 print of photo (to be delivered after the event) included with Grand Piano, Baby Grand Piano, and Upright Piano Sponsorship levels.

Upright Piano: \$1000

- Premium seating for 4 guests
- Event social media mentions
- Mentions during radio announcements
- Mentions in the Grapevine (Rotary club newsletter)
- Logo placement at event
- Emcee mentions at event

Ebony & Ivory: \$500

- Premium seating for 2 guests
- Event social media mentions
- Mentions in the Grapevine (Rotary club newsletter)
- Logo placement at event

Keyboard: \$200

- Event social media mentions
- Name placement at event

Ticket to event: \$150

Individual ticket sales will be open on July 1st subject to availability.

September 28, 2024

Hilton Garden Inn, Martinsburg at 6PM



Michelle Sadat
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www.martinsburgrotary.com