



# Rotary Club of Martinsburg Grapevine

Mar 12, 2026

District 7360 | Club 5296



Heather Weschler  
Area Membership Manager  
Martinsburg Girl Scout Office



## Girl Scouts®

Where Girls Grow Strong<sup>SM</sup>

### As a Girl Scout, you call the shots.

Girl Scouts have fun challenging themselves and trying new things. They bring ideas to life, enjoy traditional activities like swimming, kayaking and cooking over an open fire. They can participate in high adventure and unique badge programs, like the new Troop Camping badges! They sell cookies, explore science, go outdoors, do community service projects—when you're a Girl Scout your opportunities are limitless.

### The Girl Scout Law

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
And to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.

### The Girl Scout Promise

*On my honor, I will try:*

To serve God\* and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

*\*Members may substitute wording appropriate to their own spiritual beliefs for the word "God."*



Heather Weschler is the Area 3 Membership Manager helping support the largest geographical area of Girl Scouts of the Nation's Capital out of the Martinsburg Office. She is a membership and community engagement professional with a passion for expanding access to leadership and enrichment opportunities for youth. In her role with Girl Scouts Nation's Capital, she focuses on membership growth, volunteer engagement, and building partnerships with schools and community organizations to ensure girls from diverse backgrounds can experience the benefits of Girl Scouting.

# Rotary Club of Martinsburg Calendar

- Mar 19 – Lunch meeting at Holiday Inn, Grant recipients
- Apr 16 – Spring Family Picnic – Save the Date
- Apr 18 – WVU Community Wellness Screening, 6–10AM
- May 25 – Memorial Day Pancake Breakfast
- Jun 3 – Golf Tournament – Save the Date
- Jun 11 – Installation Dinner – Save the Date
- Sep 12 – Hope Gala – Save the Date



## Member Birthdays

- Mar 21 – Vonda Miller
- Mar 22 – Richard Thomas
- Mar 24 – Laura Davis
- Mar 29 – Tiffany Arnett



# UNITE FOR GOOD

## Wedding Anniversaries

- Mar 25 – Joseph & Susan Brookreson, 56
- Mar 31 – Ernie & Carolyn Weidman 64 years!



SMHS student guest, Jill Brown. Jill is a Senior and also Class President of her school.



From left to right: Pam Wagoner, Heather Weschler (guest speaker), Vicki Elliott & Chirs Johnson representing as past Women of Distinction honorees from our club.

## Girl Scouts



## Women of Distinction

Rotary  
Club of Martinsburg



# Pancakes for Polio

## FREE BREAKFAST

Memorial Day – May 25, 2026

8:30 – 10:30 | War Memorial Park

## Pickleball Weekend



Sponsored by Rotary of Martinsburg with services provided by WVU Medicine.

## 40<sup>th</sup> Annual Rotary Health Screening Event!

# COMMUNITY WELLNESS SCREENING

Saturday, April 18, 2026  
6 - 10 a.m.

WVU Medicine  
Physical Therapy  
and Rehabilitation

1002 Tavern Road, Martinsburg



*Know your numbers. It's Easy & Convenient!*  
*NO Waiting in Line! NO Doctor's Appointment!*

### Discounted Screenings Offered

- CBC (with automated differential) - \$10
- CMP (Comprehensive Metabolic Panel) - \$20
- Lipid (Cholesterol) Panel - \$15
- PSA (Prostate Specific Antigen; Men only) - \$20
- Vitamin D - \$30
- Hemoglobin A1C (Hb A1c, Diabetes) - \$15
- TSH (Thyroid Stimulating Hormone) - \$20
- Hepatitis C (Antibody Screen) - \$20
- Vitamin B12 - \$20
- Fit Kit (Colorectal Screening Kit) - \$25

**FREE BLOOD PRESSURE CHECK AND  
FALL RISK ASSESSMENT OFFERED**

For questions or to receive a registration form  
by mail, call 304.264.1287, ext. 231814.



Online Wellness Screening  
Registration and payment is available.  
[www.martinsburgrotaryfoundation.org](http://www.martinsburgrotaryfoundation.org)

### Pre-registration Required

Deadline to register is  
Friday, April 10, 2026

Rotary 

Club of Martinsburg

 **WVU**Medicine